



Menu for her



MASSAGES

Aromatherapy massages

AROMATHERAPY IS A METHOD OF NATURAL MEDICINE BASED ON THE MEDICINAL AND THERAPEUTIC PROPERTIES OF PLANTS, USING THE CORRESPONDING ESSENTIAL OILS INTRODUCED INTO THE BODY BY THE INHALATION OR THROUGH THE SKIN. AROMATHERAPY RELIEVES MANY PHYSICAL AND MENTAL AILMENTS, ITS MAIN OBJECTIVE IS TO RESTORE BALANCE OF THE BODY AND MIND, AS WELL AS TO SUPPORT AND STIMULATE OWN, NATURAL DEFENCE FORCES OF THE ORGANISM.

Extraordinary ORI experience 75 min / PLN 340

An unusual massage that releases tension from every part of the body, leaving a feeling of deep relaxation and restfulness. During the massage, we select 1 of 13 massage oils depending on the state of well-being and individual preferences of the Client. Carefully selected pressure force stimulates the nervous system, Ayurvedic massage techniques and shiatsu relieve muscle tension, while lymphatic drainage improves circulation. Stress and tensions go away.

Tension Relief Massage 70 min / PLN 320

A massage that works deep in tense and sore muscles. The anti-stress gel for tired muscles used in the treatment and the relaxing massage oil instantly relax muscles and warm you up pleasantly. The unique composition of pure lavender, rosemary, black pepper and ginger instantly relieves pain.

Classic ORI massage 60 mins / PLN 220 and 90 min / PLN 260

Classic deeply relaxing and unwinding massage with a considerable intensity and depth of movements. Perfect for a tense back, aching neck and shoulders. Classic massage provides excellent and immediate muscle relaxation, it can also be used therapeutically and with an indication for the rehabilitation of individual sections of the spine.

Massage for pregnant women 60 min / PLN 250

Massage for pregnant women is a delicate form of massage based mainly on techniques that improve blood circulation and firm the skin. The massage technique works directly on the lymphatic drainage channels, bringing a wonderful state of relaxation, allowing mother and baby to meet each other. Each session is about building harmony in the mother's body, strengthening and tightening the tissue, modeling and smoothing. It brings relief to sore legs and back, and also includes a relaxing head massage.



Ayurvedic massages

AYURVEDA IS THE ART OF ZLIFE - THE WORLD'S OLDEST MEDICAL AND PHILOSOPHICAL SYSTEM, ORIGINATING FROM ANCIENT INDIA. AYURVEDA TREATS THE BODY AND MIND AS A WHOLE. AYURVEDIC MEDICAL KNOWLEDGE TAKES MAN HOLISTICALLY. UJERWEDA'S GOAL IS TO KEEP THE HARMONY OF THE BODY, MIND AND SOUL - VALUES THAT ARE, IN ORI SPA, THE CLOSEST TO US.

Abhyanga 75 min / PLN 360

Ayurvedic ABHYANGA massage is part of the traditional cleansing and rejuvenating program called "Panchakarma". During the massage, the whole body is intensively massaged with large amounts of sesame or almond oil to cleanse the body of accumulated toxins. Rhythmic and deeply relaxing movements are designed to move stagnant energy and cause energy to flow freely. Regular massage prevents the negative effects of stress, nervousness and exhaustion. Abhyanga nourishes the body, prolongs life, ensures good sleep, improves the appearance of the skin, improves eyesight and physical condition. It is used in the treatment of many diseases. After the ritual, we feel our body and mind relaxed.

Shiro abhyanga - Head massage 25 min / PLN 110

The head is one of the most important parts of the body. It contains the receptors of the senses, such as sight, hearing, smell and taste. Head massage regenerates all sensory organs, supporting their proper and harmonious functioning. Head massage not only releases accumulated stress, but also has a beneficial effect on the whole body and psyche. It brings a sense of inner peace. Regular head massage leads to emotional, mental and physical renewal.

Shirodara + Abhyanga 105min / PLN 490

Ayurvedic, deeply relaxing and cleansing experience of a comprehensive head massage with hair oiling, face and body massage with brilliant sesame oil. The ritual nourishes the body, extends life, ensures good sleep, improves the appearance of the skin, eyesight and physical condition.

Shirodara 45min / PLN 290

"SHIRO" head "DARA" stream of oil. Shirodara massage is a combination of shiroabhyanga head massage with a special technique of rich hair oiling with a warm stream of natural sesame oil. A scalp massage with warm oil works wonderfully on the hair while relaxing the mind and the nervous system. It moisturizes the hair follicles, removes mental fatigue, thinking becomes clear and concentration improves.

Exotic massages

EXOTIC MESSAGES INCLUDE THE CARE OF THE WHOLE BODY BY AFFECTING ALL ITS SENSES. THEIR AIM IS NOT ONLY RELAXING THE MASSAGED PERSON, BUT ALSO RELEASING THE ENERGY IN THE PERSON AND CLEANSING THE BODY.

Thai massage by ORI 90 min / PLN 360

Intensive, deeply relaxing massage that calms and soothes the nervous system. It contains elements of classical Thai massage - stretching and pressure - which are selected individually according to the preferences and needs of our guests. Massage inspired by techniques from the Far East. Maintained in a strongly Asian style. It is a sequence of techniques that combine acupressure of the most important points on the human body with elements of passive yoga, stretching and reflexology.



Lomi Lomi massage 90 min / PLN 360

The Lomi Lomi Nui massage differs from typical European massages mainly by the characteristic graceful dance movements performed by the therapist, as well as massage with the forearms. The massage therapist's movements pass through the patient's body like sea waves. This allows the massaged person to relax and undergo the entire procedure. Suppressed emotions, stress and hard experiences are recorded in our muscles. Hawaiian massage brings a feeling of relief to the muscles, improves joint flexibility, lymphatic, arterial and venous circulation, harmonizes the nervous system. It also brings emotional benefits, felt both during the massage and long after it - it frees you from anxiety, worries and negative thoughts.

Face massage

FACE MASSAGE WAKES UP DEEP SKIN LAYERS, INCLUDING THE MUSCLES UNDER THEM, WHICH VISIBLY HELPS TO IMPROVE THE OVAL OF THE FACE AND FIRM THE SKIN. THE TREATMENT STIMULATES BLOOD CIRCULATION IN A GIVEN AREA, SO WE EXPERIENCE INTENSIVE OXYGENATION OF THE SKIN AND IMPROVING ITS CONDITION.

Kobido - Japanese lifting massage 90 min / PLN 360

Kobido massage is a Japanese face massage with a visibly lifting effect already after the first treatment. It is completely natural and non-invasive; conducted with individually selected Aromatherapy Associates oils. It includes deep tissue massage, relaxation of the structures that create mimic wrinkles, lymphatic drainage and deep lifting techniques and acupuncture. The combination of all these techniques allows not only to relax the body and mind, but also excellent aesthetic effects in the form of improving the face oval, microcirculation, skin plasticity and its oxygenation, and overall tissue relaxation.

Kobido UP - Japanese lifting massage 90 min / PLN 380

Kobido UP is a deep face massage that slows down the signs of skin aging. It is distinguished by a deeper and complex approach that brings spectacular results. The massage consists of several complex and intense stages that stimulate the skin. The massage technique is finished with relaxing cool salt balls, and finally covering the face with kinesiological tapes. The effect of the massage is a natural lifting, lifting the oval of the face, reducing muscle tension and supporting the natural processes of cleansing the skin of toxins and impurities.

Hollywood Lifting massage 90 min / PLN 360

Hollywood Lifting is a multi-stage accumulation of skin and tissues aimed at detoxification, better blood circulation and modeling the muscles of the neck and face. Lymphatic drainage prevents swelling and removes toxins, Hawaiian lomi lomi introduces deep relaxation and relaxes tension, lifting movements stimulate the skin and muscles for better tension, and percussion movements increase blood circulation and thus oxygenation of tissues and skin. After the massage, the face gains a better color, wrinkles become shallower, and the skin becomes tighter and denser. And all this without injections or invasive methods! An additional advantage is complete relaxation, well-being and satisfaction.



ORI SPA RITUALS

AT ORI SPA WE BELIEVE IN HARMONY OF THE BODY, MIND, AND SOUL AND WITH AMAZING CARE DO WE NURTURE THIS COMBINATION. WE INVITE YOU TO USE OUR EXCEPTIONAL RITUALS DEVELOPED BY WORLD SPECIALISTS ESPECIALLY FOR OUR CUSTOMERS.

Deep sleep ritual 90min / PLN 490

The author's journey of Deep Relax&Sleep is the perfect ritual for a good night's sleep. Vetiver, sandalwood and chamomile allow for deep relaxation, soothing and improving sleep. Regeneration of the body and good sleep are very important because they allow you to rest deeply. A pampering full-body massage using carefully selected movements will put you in a state of deep relaxation. Essential serum applied to the body helps to put our body and mind in balance, while the warm mask relaxes and makes it easier to fall asleep. Hair oiling combined with Ayurvedic head massage creates positive vibrations and the intensely rejuvenating facial treatment brightens and firms the skin.

Hamam by ORI ritual 120min / PLN 590

The Hammam ORI ritual has been specially developed by qualified Aromatherapy Associates London therapists. It pampers both the body and the spirit, thus putting us in positive vibrations. It combines traditional beauty treatments from the Middle East and body care known today. The Hammam journey begins with brushing the entire body, followed by a specially prepared peeling based on olive pits. The next stages include a relaxing body massage with warm oil, a Dead Sea mud wrap and a unique hair treatment. The price of the brush should be added to the cost of the first treatment.

Forest Therapy Ritual 90min / PLN 490

A specially designed journey related to Chinese medicine shinrin-yoku. The unique composition of aromatherapy oils and Forest Therapy massage will strengthen your spirit and balance your body from tension. The Forest Therapy ritual begins with an original massage with relaxing music and candlelight. The forest therapy massage itself is related to the art of Ayurewda and Shiatsu. Then a warm mud mask is applied to the hands and feet, and a moisturizing and revitalizing face treatment is performed. During the ritual, we experience hair oiling along with a relaxing Ayurvedic head massage, which will put us in a state of deep relaxation. During the whole journey, we are accompanied by a selected inhalation oil depending on the state of well-being.

Inner Strength Ritual 90min / PLN 490

A ritual for people who need inner strength, want to cheer themselves up, soothe and add positive energy. We start the ritual with a full body peeling based on the damask rose - the queen of flowers. The unique mask consisting of Inner Strength oil and lotion will put us in good vibrations and a positive attitude to life. The original ritual also includes a highly moisturizing face treatment with a lifting massage. Special essential oils such as cardamom, vetiver, rosemary have been used in this treatment for people who need support and positive vibrations.



ORI SPA CEREMONIES

FRUIT OF COOPERATION OF ORI SPA WITH SAINT MALO BRAND, CEREMONIES AS COMPREHENSIVE, MULTI-STAGE TREATMENTS, DURING WHICH YOU WILL EXPERIENCE PEELINGS, BODY MASKS AND UNIQUE MASSAGES. SAINT MALO INVITES YOU TO DISCOVER THE BENEFITS OF NATURAL INGREDIENTS GRAINED FROM LONG EXPEDITIONS.

Balinese ceremony 120min / PLN 590

Immerse yourself gently in the warmest ocean in the world and let yourself be pampered with a scrub with particles of coconut shell and sea salt, which will smooth and illuminate your skin. Experience an extremely stimulating and relaxing head massage, while we cover your body with a mask of the captivating scent and properties of hibiscus flowers. The whole is complemented by a full body massage performed with a rich cherry blossom balm, which will support you during your journey until you achieve complete harmony and inner peace.

New Zealand ceremony 120min / PLN 590

Let yourself be carried away on a magical journey through the land of kiwi, the world of geysers, glaciers and lakes. At the beginning, let yourself be pampered with a scrub, a mixture of kiwi seeds and white sand, which will smooth and cleanse your skin. Experience an extremely stimulating and relaxing head massage while we wrap your body in a mask of juicy prickly pear and sweet papaya. The whole is complemented by a full body massage with hibiscus flower oil and sapote fruit, which will support you during the journey to achieve deep relaxation and stress relief.

Sicilian ceremony 120min / PLN 590

Stand at the foot of a volcano and immerse your body in a volcanic ash scrub. Feel pampered with a warm volcanic lava mask that will nourish and regenerate your skin. Extremely stimulating and relaxing head massage will be just an introduction to an unforgettable full body massage. We will wrap you with prickly pear butter, which, combined with the heat of your body, will change the consistency into a wonderful oil and activate active substances that our skin loves. Ready to travel?



BODY CARE

MANUAL TREATMENTS

MOISTURIZING TREATMENT 60min / PLN 290

An enveloping treatment, intensely moisturizing. Contains serum, oil and cream rich in rose extract to leave the skin radiant and soft. It is intended for people who need to nourish the skin, pamper the body and feel better.

ANTI-CELLULITE MASSAGE 60min / PLN 310

A great proposition for people working on their figure or for people who fight cellulite and want to cleanse their body. The perfect treatment when we feel a decline in form and we lack energy. A cocktail of spicy citrus oils leaves the skin refreshed. A firming and slimming treatment that improves the contours of the body and eliminates excess fluids. Leaves you leaner and smoother skin. A specialized massage will firm up and unblock lymph stasis.

BODY PEELING - Enrichment for the treatment 30min / PLN 70

PEELING TREATMENT 45min / PLN 180

Salt and hibiscus rich in minerals cleanse and exfoliate the skin, and the infusion of exotic monoi oil (Monoi de Tahiti) and plumeria flowers perfectly retains moisture in it. Leaves a delicate aroma on the skin. This luxurious salt scrub dissolves on contact with the skin, making it extremely soft and perfectly nourished. Salt and hibiscus rich in minerals cleanse and exfoliate the skin, and the infusion of exotic monoi oil (Monoi de Tahiti) and plumeria flowers perfectly retains moisture in it. Leaves a delicate aroma on the skin.

SMOOTHING TREATMENT 45min / PLN 180

A whole body peeling with the application of a balm depending on the client's preferences: moisturizing for tired skin, without vitality or irritated, relaxing for dry, dehydrated skin, for people who want to improve their mood and relax, energizing for people who want to energize themselves and when you need to get ready quickly.

*** For each massage, at your request as an enrichment for the treatment - WHOLE BODY PEELING. 20min / PLN 70**

SPA TREATMENT FOR CANCER

ORI SPA IS A FOUNDATION PARTNER OF *SPA FOR CANCER*, INVOLVING WOMEN FIGHTING CANCER AND THOSE WHO HAVE OVERCOME CANCER.

Spa for Cancer massage 60min / PLN 190

A very delicate, specialized massage treatment with selected, pure and natural products. It helps you fall asleep, relaxes, gives you a moment of forgetfulness, soothes you and calms you down. It is a targeted treatment and is used by oncological people, especially during treatment.



BODY MODELING

ACCENT PRIME

Accent Prime is an advanced, multitasking treatment platform that combines the following technologies: unipolar high-frequency radio wave, bipolar radio wave and two types of ultrasound, incl. Lambda - cold ultrasounds that selectively affect fat cells and warm ultrasounds that give a very high level of cavitation. We combine ultrasound technologies for the destruction of fat cells in treatment procedures with radio waves, which firms the skin and reduces the volume of fat cells.

Single technology - slimming or firming

Abdomen 60min / PLN 800

Belly and sides 75min / PLN 1100

Whole waist 75min / PLN 1450

Calves 30min / PLN 550

Buttocks 30min / PLN 650

Arms 45min / PLN 550

Thighs front and back 75min / PLN 1200

Thighs front or back 60min / PLN 700

Double technology - slimming and firming

Abdomen 75min / PLN 1000

Abdomen and sides 105min / PLN 1700

Whole waist 105min / PLN 2150

Calves 60min / PLN 800

Buttocks 60min / PLN 900

Arms 60min / PLN 800

Thighs front or back 90min / PLN 1000

ALIANCE ENDERMOLOGY

Alliance endermology is a patented device for regeneration, reconstruction and stimulation of connective tissue. 100% natural, non-invasive and effective method of mechanical skin stimulation that reactivates cell metabolism in a natural way. It works to release fat and sagging skin, while fully respecting the biological balance of the whole organism.

2 areas 25min / PLN 150

4 areas 45min / PLN 280

Whole body 60min / PLN 300

Drainage - whole body 45min / PLN 240

Light legs 45min / PLN 130



COOLTECH Cryolipolysis

Removal of adipose tissue without the use of a scalpel. CoolTech is a platform designed to reduce body fat from various areas of the body through controlled cooling, i.e. cryolipolysis. CoolTech in a safe process leads to apoptosis (elimination of fat cells) and significantly reduces their number, thanks to which the modeling and slimming of the body parts will take place.

CoolTech 1 pad 85min / PLN 500

CoolTech 2 pads 85min / PLN 750

ONDA Coolwaves

Revolutionary technology uses a unique Coolwaves microwaves that selectively reach into adipose tissue and leads to a non-invasive way to reduce it. It works in three ranges:

Reduction of localized fat tissue - Coolwaves™ act deeply and precisely on the membranes of fat cells, leading to their breakdown and then removal from the body in natural metabolic processes,

Cellulite reduction - thanks to a special head that works shallower on the tissues, it is possible to effectively break cellulite

Firming skin - microwaves emitted by technologies ONDA is inducing contraction of collagen fibers and stimulation of production of new collagen, lead to firming and rejuvenation of the skin.

Whole thighs - 180min / PLN 3400

External thighs - 60min / PLN 1200 Belly -75min / PLN 1400

Abdomen and sides 90min / PLN 1700 /

The area under or above the bra 75min / PLN 1400

Chin 15min / PLN 500

Arms 75min / PLN 1200

Thighs front or back 90min / PLN 1850

Inner thighs 60min / PLN 1200



STORZ - Acoustic waves

Acoustic Wave Therapy AWT, used in the modern D-ACTOR device, is a non-invasive method of treating cellulite and flabby connective tissue. The acoustic wave is used in aesthetic medicine and physiotherapy treatments - it stimulates microcirculation within the connective tissue and fat cells and accelerates the formation of new blood vessels. AWT is an excellent way to reduce cellulite, but also to shape the body and treat muscle pain.

Breeches 40min / PLN 300 / description as above

Abdomen 30min / PLN 350

Belly + sides 45min / PLN 400

Body drainage 30min / PLN 300

Buttocks 30min / PLN 300

Arms 30min / PLN 250

Thighs front or back 40min / PLN 400

Thighs front and back 60min / PLN 550

ZAFFIRO - Termolift

Zaffiro is a modern device for non-invasive and painless thermolifting of the skin of the face and body. Behind this graceful name there are innovative solutions and the latest technology. A real breakthrough in facelift and rejuvenation. Thanks to the innovative use of infrared IR light, it is possible to effectively stop the aging process and remove skin imperfections.

Abdomen 75min / PLN 1100

Knee area 60min / PLN 700

Buttocks 60min / PLN 900

Arms 60min / PLN 700

Thighs front and back 120min / PLN 1800

Thighs front or back 75min / PLN 1100

Bust 60min / PLN 800



FACE REJUVENATION

ACCENT PRIME

Accent Prime - is an advanced, multitasking treatment platform that combines the following technologies: unipolar high-frequency radio wave, bipolar radio wave and three types of ultrasound, incl. Lambda - cold ultrasounds that selectively affect fat cells and warm ultrasounds that give a very high level of cavitation.

Face modeling 30min / PLN 450

Chin + lower cheeks 45min / PLN 700

Face and chin 60min / PLN 1200

Face and neck 60min / PLN 1300

Face, neck, cleavage 90min / PLN 1500

ALLIANCE ENDERMOLOGY

A non-invasive rejuvenating therapy, Endermologie® Alliance is a 100% natural regenerating technique that restores the skin's density and eliminates the signs of aging. Treatments with the Alliance device stimulate deeper cells and restore their natural protein production processes. The treatment allows you to get immediate results and the effects of treatment sessions accumulate, thanks to which the wrinkles are filled, the contours of the face are modeled, and the skin becomes brighter. It is a fresh alternative to fillers.

Face drainage 30min / PLN 150

Face modeling 30min / PLN 160

Eyes or lips 15min / PLN 80

Illumination 30min / PLN 120

Illumination and drainage 45min / PLN

Oxygenation of the skin 30min / PLN 160

ALMA PIXEL RF - deep rejuvenation

PIXEL RF is currently one of the most innovative treatments to combat imperfections or damage to the skin and its laxity. PIXEL RF works by combining the power of radio frequency (micro-puncturing + RF) with the power of plasma. The simultaneous operation of both technologies gives spectacular effects in a short time. During the treatment, the plasma beam creates a specific mesh of microdamages that strongly stimulate the epidermis to rebuild and the dermis to produce collagen and elastin.

Forehead 15 min / PLN 400

Neckline 20min / PLN 600

Eye area 20min / PLN 400

Chin line of the lower jaw 20min / PLN 400

Neck 20min / PLN 500

Face 30min / PLN 1000

Face and neck 45min / PLN 1400



DERMAPEN - microneedle mesotherapy

Microneedle mesotherapy is a procedure that stimulates and regenerates collagen and elastin fibers through mechanical stimulation with a specialized head with a dozen or so micro needles, which punctures the skin. The resulting micro-injuries use the body's natural ability to repair the skin and physiologically induce collagen. The treatment also increases the skin's permeability, making it ready to receive specially concentrated cocktails. Microcirculation and tissue oxygenation are improved. Skin tension increases significantly, mimic wrinkles begin to reduce, and the oval and contour of the face noticeably improve. Additionally, we offer the world's first anabolic peeling **UBER Peel Pro**.

Scalp 45min / PLN 750

Face 45min / PLN 650

Face and neck 50min / PLN 750

Face, neck and cleavage 60min / PLN 950

ICON FRACTIONAL LASER

A leader in rejuvenating laser therapy, the deep fractional action of which stimulates cells to rebuild. It introduces micro-beams of light into the skin, which initiates the natural process of skin regeneration with a rapid growth of new, healthy tissue with rebuilt collagen fibers.

Icon 1540 Fractional Laser - hands or nose or mouth 10min / PLN 400

Icon MaxG Laser - cleavage - 30min / PLN 650

Icon MaxG Laser - face - 30min / PLN 800

Icon MaxG Laser - face and neck - 50min / PLN 1050

Icon MaxG Laser - face, neck and cleavage - 60min / PLN 1200

ZAFFIRO

Zaffiro water peeling allows for year-round skin care, without fear of discoloration or irritation. It is a non-invasive and painless method of gently exfoliating dead epidermis cells. An intense stream of water, strengthened with appropriate active ingredients, enables safe and effective refreshment of the skin, but also its proper hydration, smoothing and brightening.

Zaffiro water peeling 15min / PLN 90

Zaffiro is a modern device for non-invasive and painless thermolifting of the skin of the face and body. Behind this graceful name there are innovative solutions and the latest technology. A real breakthrough in facelift and rejuvenation. Thanks to the innovative use of infrared IR light, it is possible to effectively stop the aging process and remove skin imperfections.

Face 60min / PLN 1200

Face and neck 75min / PLN 1250

Face, neck and cleavage 90min / PLN 1350



FACE CARE

Exclusive anti-aging treatment 30 or 60 min / PLN 310 or PLN 390

The treatment is based on ultra-moisturizing active substances of marine origin and the latest scientific achievements, ensuring intense moisturizing effects. The award-winning range, known worldwide for its great consistency. Sea algae complexes are rich in vitamins and minerals. Each of them has its own unique nutritional profile. The treatment is dedicated to skin with the first signs of aging and highly dehydrated. / Elemis

A rejuvenating treatment 60 min / PLN 310

An intensive treatment for the skin with loss of firmness and elasticity. Powerful and highly effective products smooth the skin and prevent the formation of wrinkles and fine lines. The lifting and draining massage stimulates microcirculation and tightens the skin. It uses two unique masks to nourish and regenerate the skin. During the treatment, pure essential oils, such as Damask rose, geranium, incense and lavender, create a warm and enveloping atmosphere, making you relax and soothe.

/ Aromatherapy Associate

Contouring Treatment 30 or 60 min / PLN 310 or PLN 390

This treatment helps restore the natural features of the face with the help of powerful nutrients found in plant-based active substances. Specialist lifting masks restore the proper skin tension and model the oval of the face. Arjuna almond, edelweiss and tiger grass are the main ingredients contributing to the improvement of skin firmness. / Elemis

Soothing treatment 30 or 60 min / PLN 310 or PLN 390

A treatment dedicated to delicate skin, especially vascular and sensitive skin. Active ingredients reduce irritation and reduce the intensity of erythema. The treatment prevents over-reactivity of the skin, reducing the tendency to redness. The skin rebuilds faster, is soothed and nourished. / Elemis

Matting and Smoothing Treatment 30 or 60 minutes / PLN 310 or PLN 390

The treatment is dedicated to people with rough, dull skin and the problem of excessive sebum secretion. Our breakthrough Dynamic Resurfacing range helps to effectively renew the skin's structure and accelerates natural cell renewal. A professional blend of enzymes dissolves dead skin cells without damaging the protective barrier. The effect of the treatment is smooth, renewed and younger-looking skin. / Elemis

Moisturizing treatment 60min / PLN 290

Dedicated treatment for people who need strong hydration and soothing of the skin. The active substances contained in the treatment, such as luxurious rose oil, geranium and evening primrose oil, make the skin elastic, hydrated and relaxed. The Damascus rose is the essence of the treatment - the queen of flowers and the personification of femininity, romance and finesse, which appears throughout the treatment. Aromatherapy Associate

Cleansing Treatment 60min / PLN 290

The cleansing and brightening treatment is recommended for combination, oily and problematic skin. The power of lavender, ylang-ylang and tea tree essential oils restores the balance of combination skin. The treatment expressively restores the glow of tired skin, and the beneficial effects of essential oils additionally improve the mood. / Aromatherapy Associate

Nourishing treatment 30 or 60 min / PLN 310 or PLN 390

A treatment for skin in need of nourishment and regeneration. Superfood Skincare System uses the content of plant-rich nutrients and a natural prebiotic derived from sugar. / Elemis



PCA Instant rejuvenation

PCA - basic, individual treatment 30min / PLN 240

The PCA Skin Laboratory is a leading manufacturer of highly effective and professional therapeutic treatments and skin care cosmetics. For **30 years** present in textbooks for aesthetic dermatology and industry publications as the creator of advanced formulas for chemical peels. Extensive scientific and medical facilities as well as many years of experience in cooperation with doctors allowed us to design comprehensive treatments for various skin problems. The treatment plan is strictly developed by licensed cosmetologists. Adjusting the product to the problem as well as the method and frequency of treatments are determined individually.

PCA - detoxifying treatment 40min / PLN 250

Effective facial skin detoxification treatment for contaminated, dull and aging skin. Its main task is to fight free oxygen radicals resulting from oxidative stress and the action of external factors. The advanced combination of active ingredients in Oxygenerating Trio stimulates the regeneration of degraded elastin and collagen fibers and increases the level of glycosaminoglycans in the skin, and the chemical acids contained in the formula of the preparation accelerate the process of epidermal keratinization and tissue reconstruction.

PCA - treatment *DETOX* 40min / PLN 260

A perfect treatment for all skin types that require deep cleansing and detoxification. The combination of lactic, glycolic and salicylic acids perfectly cleanses and tightens pores. Detox Gel is used for: seborrheic skin, blackhead acne, and gray, earthy skin. The skin after the treatment is perfectly cleansed and brightened, and the pores are narrowed.

PCA - addition to the treatment, acid layer 10min / PLN 40

PCA - addition to the treatment, therapeutic mask 15min / PLN 50

PCA Skin gives tools to eliminate our clients' problems, while we choose and diversify treatment protocols to achieve the best results. We always start with the basic suggested procedures, and depending on the problem, we add further layers of peels or therapeutic masks, which are extremely active and can constitute independent treatments and as a supplement to invasive procedures. Masks are extremely active, strong in action and are often performed at the beginning of the treatment as a very active preparation of the skin subjected to peeling.



FACE CARE

AQUA SKIN - Multi-stage cleansing

Hydrogen cleansing is an innovative treatment in the field of cosmetology, used in the field of facial skin care. The effects of hydrogen therapy are visible after the first treatment. The amount of pollutants is dramatically reduced. The skin becomes moisturized, refreshed, smooth and tight. Free radicals present in the skin are eliminated, which delays the aging process of the skin. The treatment does not cause irritation and swelling, so it does not require a convalescence period.

Face 60 min / PLN 300

Face and neck 75 min / PLN 350

Face, neck and cleavage 90min / PLN 400

GENEO - 3 in 1 care

Geneo is a facial treatment platform that enables you to achieve younger, fresher, and naturally better-looking skin. It offers a unique 3in1 treatment combining clinically proven technologies: Tripollar RF, Oxygeneo and Ultrasound. Thanks to these technologies, we stimulate the natural processes in the body to renew and rebuild the skin. Geneo uses specially patented capsules, tailored to the needs of the skin.

GENEO treatment 60min / PLN 340

INTRACEUTICALS - Oxygen infusion

Intracutaneous treatment is a hit in cosmetology called the star treatment.

The treatment is based on the technology of hyperbaric oxygen. Using an infusion, concentrated active ingredients are introduced into the skin. This is the first step in transforming your skin. One of the secrets of the effectiveness of the Intracutaneous method is the use of two forms of hyaluronic acid: low-molecular, which penetrates into the deeper layers of the skin with the attached active ingredients, and high-molecular, whose task is to bind moisture from the environment and keep it in the skin for longer.

Addition to the treatment, rejuvenating pads for the lips / under the eyes 15min / PLN 60

Rejuvenating and strengthening cocktail 70min / PLN 650

Rejuvenating cocktail 70min / PLN 550

Anti-inflammatory cocktail 70min / PLN 550

Brightening cocktail 70min / PLN 550



NEW TECHNOLOGIES

ACCENT PRIME Lifting - breast 60min / PLN 1300

Accent Prime is an advanced, multitasking treatment platform that combines the following technologies: unipolar high-frequency radio wave, bipolar radio wave and two types of ultrasound, incl. Lambda - cold ultrasounds that selectively affect fat cells and warm ultrasounds that give a very high level of cavitation. We combine ultrasound technologies for the destruction of fat cells in treatment procedures with radio waves, which firms the skin and reduces the volume of fat cells.

ZAFFIRO Termolifting - breasts 60min / PLN 900

Zaffiro is a device that allows you to perform a unique lifting treatment, giving an immediate effect of rejuvenating and illuminating the skin. It uses the beneficial effects of infrared light on the deep layers of the skin - thermolifting and water peeling for durability and deepening the effects of the treatment. During the Zaffiro treatment, the deep layers of the skin are gradually and uniformly warmed, stimulating the shortening of collagen fibers responsible for tightening and firming our skin. The effect of tension and elevation, both on the face and on the sagging skin of the body, is visible from the very first moments after the treatment.

TRIWINGS Phototherapy - body (selected part) 15min / PLN 150

TriWings® Phototherapy is the world's most powerful and effective LED photomodulation treatment system, combining multiple colors of light to induce tissue interactions that reduce oxidative stress, reduce pain, inflammation, heal diseased or damaged skin, and inhibit and prevent the effects of aging. Phototherapy accelerates the healing and regeneration processes of tissues, significantly shortening the recovery time after treatments, incl. plastic surgery, aesthetic medicine, as well as damage to the skin and subcutaneous tissue, e.g. after radiotherapy treatments.



COSMETIC MEDICINE

ICON

Icon fraction laser is a leader in laser therapy of scar removal, stretch marks, vessel closing and rejuvenation, the deep fractional action of which stimulates cells to rebuild. This innovative technology increases comfort and safety and helps achieve amazing results during therapy.

MAX G head - an innovative head, used to fight vascular changes, such as dilated blood vessels, ruby spots, but also hemangiomas, port-wein vessels, i.e., such large changes in the nature of strokes on the face and neck. It also copes well with pigmentation changes such as age spots, freckles and melasma.

Head 1540 - method of non-ablative skin resurfacing. It works perfectly in the fight against acne scars, postoperative scars, photo-sharpening of the skin, shallow wrinkles, as well as removing stretch marks.

ICON 1540 Fractional laser - bust 30min / PLN 1800

ICON 1540 Fractional laser - treatment of acne scars 10min / PLN 800

ICON 1540 Fractional laser - discoloration treatment 45min / PLN 800

ICON 1540 Fractional laser - scar removal 30min / PLN 400 /

ICON 1540 Fractional laser - scar removal 15min / PLN 700

ICON 1540 Fractional laser - vessel sealing 20min / PLN 450

ICON MAX G Laser - discoloration treatment 10min / PLN 150- PLN 300

ICON MAX G Laser - hand rejuvenation 30min / PLN 800

ICON MAX G Laser - vessel sealing 20/45min / PLN 400-700

ALMA PIXEL RF Skin resurfacing

Pixel RF is currently one of the most innovative treatments to fight stretch marks, scars, wrinkles, acne scars, discoloration, thick, uneven skin, or skin laxity arising with age. The operation of PIXEL RF is based on the combination of the strength of radiofrequency (micro-puncturing + RF) with the power of the plasma. The simultaneous operation of these two technologies allows you to obtain even better results in a shorter time. During the treatment, the plasma beam creates a specific network of microdamages, which strongly stimulate the epidermis to renew and stimulate it in the dermis to produce new collagen and elastin. A specially patented head allows you to treat areas not only on the face but also on the body, such as the abdomen, legs, arms or other parts.

ALMA PIXEL RF - scars, stretch marks 10min / PLN 200

ALMA PIXEL RF - belly 45min / PLN 1000

ALMA PIXEL RF - belly and sides 60min / PLN 1500

ALMA PIXEL RF - hands 30min / PLN 500

ALMA PIXEL RF - knees 20min / PLN 500

ALMA PIXEL RF - arms 40min / PLN 1000



GENERAL COSMETICS

CARE FOR HANDS AND FEET

CLASSIC MANICURE 45min / PLN 70

MANICURE WITH MAKE-UP 60min / PLN 90

MANICURE WITH HYBRID PAINT 75min / PLN 110

PEDICURE WITH PAINT 60min / PLN 130

PEDICURE WITH HYBRID PAINTING 75min / PLN 150

PULLING A HYBRID AFTER ANOTHER SALON 20min / PLN 30

AROUND THE EYES

Henna of eyebrows with regulation 15min / PLN 60